

GARDENERS' GAB



Shelby County Master Gardeners' Assoc.

www.scmastergardeners.com

Meetings: Monthly, 2nd Friday at 10 a.m.
Shelby County Extension Office—Columbiana, Alabama

Like Us on Facebook

Alabama MGA: www.alabamamg.org

Alabama MG Program: www.aces.edu/mg

AMG Online Store: <http://www.victorydesigns.com/amg/>

Vol. 9, Issue 11

November 2016

Thoughts from the President...

Well, we are coming to the end of this year and the interns will have graduated by the time you see this. I want to say what a great time I have had at the intern classes this year. I want to thank Paul Saeger and Diane McKinnon for assisting. I do believe we will have quite a few new members anxious to get started volunteering and becoming a part of our great organization.

I appreciate those that attended the October meeting, Renee Thompson spoke about the Harvest for Health and how many were needed to fulfill the program for next year. She also said Shelby County had plenty sign up and was very pleased almost $\frac{3}{4}$ of this year's intern class were on the list!

Hopefully November will be cooler and we can get out more and start making plans for next year's projects.

I want everyone to be thinking about suggestions you may have for next year.

See you at the November 11th meeting.

Your President,

Rita Forrest



This Month's Meeting
Friday, November 11 @ 10 am—Noon

Scottie Jackson, Director of Education & Outreach
Alabama Wildlife Center

Please bring a potluck dish to share.

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SAVE THE DATE

Next Month's Meeting—Friday, December 9 Annual "Dirty Santa" Party and New Officers

SCMGA Meeting Minutes—14 October 2016

Meeting called to order by President Forrest 10:00 A.M., 14 members present

Karen Jensen moved to approve minutes of September meeting, as published in Gardeners' Gab. Motion seconded by Trisha Williams. Motion and minutes approved on voice vote.

Karen Jensen moved to approve Financial Report, as published in Gardeners' Gab Motion seconded by Trisha Williams. Motion and Treasurer's report approved on voice vote.

Committee reports: none

Projects: See Outdoor Room below

Communications/announcements:

- 26 October is final day for 2016 MG Interns. Please attend and take class with them and remain for graduation at the end of classes. A small gift appropriate for a new graduate MG would be nice, too. Class is 9:30am until 3pm, half-day attendance 1pm to 3pm is OK, too. The Intern class is a great group and we look forward to welcoming them to our Association, please come and help with that welcoming if you can. Did you know the class's booth won the Shelby County Fair Exhibition? Congratulations!
- From Karen Vogel, if you've got blossoms of the Oak Leaf hydrangea that stayed on and dried, a light spraying of gold paint on the dried blossom makes it super in arrangements. Using the blossom that dried on the bush makes it much easier than trying to dry a fresh one.
- Edith Johnston is back with us again, 3 weeks past her back surgery, reports no falls! Yippee, keep going, Edith

Old Business

- Calendar orders - President Forrest ordered five of the calendars from the State fundraising program. If you would like one, see Rita.
- Outdoor Room - The portal structure is complete. We're just waiting for the weather to cool a bit (and to get a little rain to make it easier to dig the holes).

New Business

- Intern Graduation - volunteers to assist with hospitality welcome
- Officer slate for 2017 and committees for 2017 - Karen Jensen helping with these, will present at November meeting.

Program:

Speaker, Renee Thompson, State Coordinator for MG support of Harvest for Health Program. Ms. Thompson reports Alabama has received a NIH grant to extend the H4H Program, a gardening intervention for cancer survivors through UAB and ACES. UAB recruits and designates the survivors and ACES partners them with Master Gardeners helping the survivors learn to garden. Goal is 425 MG-Cancer Survivor pairings over the ensuing five years. Results of previous pairings have been impressive. Survivors report an average intake increase of 113% of fruit and vegetables, decrease in Body Mass Index (weight/height measurement of body fat) of 5.63%, and increased Physical Function scores by 70% on standardized tests. If you weren't certain already, gardening IS therapeutic! Ms. Thompson can be contacted via Email at: thomprw@auburn.edu, or (cell) (334)826-1590.

A seed swap was conducted after the presentation by Ms. Thompson. Home-saved and commercially packaged seeds were placed on the vegetable themed quilt crafted by Karen Jensen (will be a contribution to the next Conference Silent Auction, 'twas quite attractive). Thanks to all who shared, I've high hopes for the milkweed to start a waystation for the monarchs in the garden!

Adjourned 11:25 to potluck lunch.

Respectfully submitted,
Randall C. Robertson, Secretary

TREASURER'S REPORT as of 10/20/2016 Submitted by Myra Healy, Treasurer

| Check/Deposit | For | Balance |
|---------------|--------------------------|-------------------|
| | Beginning Balance | \$2,530.54 |
| (232.03) | Disbursements | |
| | Ending Balance | \$2,298.51 |

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THERE ARE NUMEROUS GARDEN-RELATED CLASSES & EVENTS IN OUR AREA!

Please visit these websites to check out classes and events you may be interested in attending:



ALDRIDGE GARDENS
BIRMINGHAM BOTANICAL GARDENS
HOOVER PUBLIC LIBRARY
PETALS FROM THE PAST
SHELBY CO. MASTER GARDENERS

www.aldridgegardens.com/education/events/
www.bbgardens.org/all-events.php
www.hooverlibrary.org/events/calendar/
www.petalsfromthepast.com/events.html
www.scmastergardeners.com/events/



2017 International Master Gardener Conference "Follow the Oregon Trail to Great Gardening"

In 2017, the Oregon State University Extension Master Gardener Program and the Oregon Master Gardener Association will host the 2017 International Master Gardener Conference at the Oregon Convention Center in Portland, OR, July 10-14, 2017, with support from many generous sponsors and friends. Find more info on Facebook or at <http://blogs.oregonstate.edu/2017imgc/>



Rita Forrest introduces Renee Thompson, coordinator of Harvest for Health. Renee has a 5 yr grant to match 425 cancer survivors with MG volunteers.



Intern Elizabeth York holds African Seminole Squash - it has all the nutrients you need to live!



Karen Jensen showing "I Spy/Farmers Market" quilt she made/pieced (Duffy Morrison quilted). It will be entered in the silent auction at the 2017 MG Conference in Huntsville (via SCMG). L-R: Edith Johnson, Joy Dearing, Ann Thomas (transferring to us from Talladega MG) and Karen Jensen

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Please send Pat Hare, Sunshine Committee Chair, information about members (or their relatives) who are sick, facing surgery or have lost a loved one. We want to make sure all our members know they are

loved and are a vital part of our organization. Pat will send a card to let the member know we are thinking about them. Here are two ways for you to get in touch with Pat:

Email: pat.hare@outlook.com
Phone: 205-621-3848



NOVEMBER BIRTHDAYS

5—Ruby Duncan
12—Jessica Joslin
16—Carol Beard &
Margot Glenboski
19—Barbara Clotfelter

Have you 'LIKED' us on Facebook?



Cards sent by Pat Hare during October:

Birthdays:

- Carl Martin
- Delores Davis
- Regena Varvoutis
- Jim Strickland
- Karen Kendall
- Beth Heerten

Get Well:

- Betty Elder regarding her grandson's illness

Help Spread
The Sunshine!



CONGRATULATIONS on a job well done 2017 Shelby County Master Gardener Interns!



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Master Gardeners,

A couple of days ago I was invited to Pelham Oaks Middle School by the GRC teacher, Ms. Sherry Wood. She is trying to build up an outdoor classroom and has several projects she would like to do and doing her best to secure some funding. To do everything she would like to do, would take a lot of time and resources, but I think it would provide some amazing lessons for the kids at the school. If you have any Master Gardeners who are interested in donating supplies or helping her in any way I would like to pass on her number. She could use anything from leaves for composting to bigger supplies or help. I'm sorry to keep this so vague but she has so many ideas that means that there is so much that could be done. She can be reached at 205-527-8144 or swood@pelhamcityschools.org.

Thank you so much for helping to spread the word.

Charity Battles
Shelby County 4-H Foundation Agent
Alabama Cooperative Extension System
54 Kelley Lane
Columbiana, AL 35051
Office (205) 669-6763 Cell (205) 532-1246 Fax (205) 669-1309
Caw0046@auburn.edu www.ACES.edu/4-H-youth

Several Master Gardeners recently learned how to plant in pumpkins at the Shelby County Garden Club that meets at Myers Plants and Pottery in Pelham.



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Celebrate 100 Years
of Extending Knowledge
and Changing Lives
visit: www.Extension100Years.net



ALABAMA GARDENER'S CALENDAR FOR NOVEMBER

FRUITS AND NUTS – Select sites for plantings. Start mulching strawberries, blackberries, and grapes.

SHRUBS – Plant trees, shrubs and vines.

LAWNS – Some homeowners like lawn paints. Have you thought about having a green lawn this winter? Use proper herbicide to kill germinating winter weeds.

ROSES – Get rose planting underway. Use a soil test as a basis for fertilization. Look for new varieties.

ANNUALS AND PERENNIALS – Plant hardy annuals such as larkspur, poppies, pansies, anchusa and candytuft. Get sweet peas into the ground.

BULBS – Continue spring bulb planting. Put lilies of the valley in a shady place.

MISCELLANEOUS – Plant screen plantings for privacy on the patio.

Shelby County Master Gardeners' Association Board of Directors and Committee Chairs 2016

| | | | |
|------------------------------|-------------------|--------------|--|
| President | Rita Forrest | 620-1167 | ritabe@bellsouth.net |
| Vice-President | Edith Johnston | 620-2922 | edithjohnston12@gmail.com |
| Secretary | Randall Robertson | 663-0459 | msptngc96@charter.net |
| Treasurer | Myra Healy | 665-4554 | myhealy@hughes.net |
| Parliamentarian | Paul Saeger | 733-9066 | saeger.paul@yahoo.com |
| Advisory Council Rep | Susan Seng | 991-7867 | gaggy10@gmail.com |
| Awards Committee Chair | Deb Kattus | 913-2703 | dkattus@charter.net |
| By-Laws Chair/MG Class Coord | Jeanon Massien | 991-3125 | nauzer1@att.net |
| Communications | Jan Rogers | 307-9733 | janrogers@charter.net |
| Events Coordinator | Jennifer Gregory | 444-0742 | jggdrg@aol.com |
| Historian | Diane McKinnon | 680-3282 | bamabeach@bellsouth.net |
| Hospitality | Michele Hill | 690-7019 | michelerhill@gmail.com |
| Newsletter Editor | Heidee Vansant | 669-3284 | heidee.vansant@gmail.com |
| Nominating Committee Chair | Karen Jensen | 670-0701 | karenkjensen3@icloud.com |
| Projects Coordinator | Beth Glasgow | 669-7981 | bethglasgow@bellsouth.net |
| Sunshine Committee | Pat Hare | 621-3848 | pat.hare@outlook.com |
| Webmaster | Byron Ford | 334-473-0707 | byron@byronford.com |

ALABAMA MASTER GARDENER ASSOCIATION, INC.
MEMBERSHIP FORM

Dear Master Gardener,

The Alabama Master Gardener Association (AMGA) Board of Directors has set \$10.00 as the annual membership dues for January 1—December 31, 2017. Members are very important to this Association, and we hope that you will join or renew your membership. To remain on the state membership list and to continue to receive the Garden Pathways newsletter, please complete this application and give it, along with your dues, to your local association Treasurer by December 11, 2015.

Association Name: **Shelby County Master Gardeners' Association**

Name: _____ Office: _____

Address: _____

Phone #'s: Home: _____ Work: _____ Cell: _____

Email Address: _____

State and Local Newsletters will be delivered online. County of Residence: _____

Birthday: Month: _____ Day: _____

Class Information: County of Training: _____ Year of Graduation: _____

In case of Emergency Call: _____ Phone # _____

TYPE OF MEMBERSHIP (Check one)

| | Local Dues | State Dues |
|---|------------|------------|
| <input type="checkbox"/> Active Member | \$12.00 | \$10.00 |
| <input type="checkbox"/> Provisional Member (Interns) | No fee | No fee |
| <input type="checkbox"/> Lifetime Member | \$240.00 | \$100.00 |
| <input type="checkbox"/> Associate Member (Extension Employee) | No fee | No fee |
| <input type="checkbox"/> Honorary Member | No fee | No fee |

Amount Enclosed: \$ _____

PLEASE MAKE CHECK PAYABLE TO SCMGA AND MAIL TO:

Shelby Co. Master Gardeners' Assoc.
% Myra Healy
2674 Spring Creek Rd
Montevallo, AL 35115