

Harvest 4 Health Garden Calendar: Harvest Time

	January	February	March	April	May	June	July	August	September	October	November	December
Beets												
Broccoli												
Brussel Sprouts												
Bulb Onion												
Cabbage												
Carrots												
Collards												
Cucumbers												
Eggplant												
Garden Peas												
Garlic												
Green Onion												
Kale												
Lettuce												
Lima Beans												
Melons												
Mustard Greens												
Peppers												
Pole Beans												
Radishes												
Snap Beans												
Southern Peas												
Spinach												
Sugar Snap Peas												
Summer Squash												
Swiss Chard												
Tomatoes												
Turnips												
Winter Squash												
Zucchini												

Spring Planting Dates	North Alabama: February 15-29	Central Alabama: February 15-29	South Alabama: February 15-29
Summer Planting Dates	South Alabama: April 1.	Central Alabama: April 15	North Alabama: April 25
Fall Planting Dates	North Alabama: August 22	Central Alabama: September 5	South Alabama: September 15